Sermon Discussion Guide – Ecclesiastes 1:1-11

View Sermon here:

When have you had a moment where life felt repetitive, exhausting, or pointless? How did you respond?

Why do you think the Bible includes a book that starts with "Everything is meaningless?"

How might asking hard questions actually grow your faith?

Do you agree or disagree with the Teacher's assessment that "there is nothing new under the sun?" Why?

What does our culture do to convince us that we are making lasting progress?

Where in your life are you tempted to feel overly responsible or self-important?

How does it feel to consider that life will go on without us—and that we may be forgotten?

"Jesus didn't come to distract us from futility but to save us from it."

What does it mean to you that Jesus brings new creation, mercy, and life?

Unlearning is a spiritual discipline. This week, consider:

• What do I need to unlearn about success, meaning, or identity?

How is God inviting me to rest in His grace, rather than perform for His approval?