

Sermon Discussion Guide

Ecclesiastes 7:1–14

View Sermon Here: <https://www.youtube.com/watch?v=WkkIUArvP6Y>

If you could give your younger self one piece of wisdom you've learned so far, what would it be?

Discussion

The sermon noted that **sorrow can do something in us that laughter can't**.

- How have seasons of struggle, grief, or disappointment shaped your faith in ways joy could not?
- Verse 5 contrasts **the rebuke of the wise** with **the song of fools**. How do you personally respond to correction? Who in your life has permission to tell you hard truths?
- The Teacher warns against saying "*the old days were better than these*" (v. 10). Why is nostalgia such a powerful temptation? How can it keep us from living faithfully in the present?
- In verses 11–12, wisdom is described as an inheritance. What wisdom from older generations has been most impactful in your life? How can we as a church pass down wisdom more intentionally?

Living It Out

- Verse 14 reminds us that God is sovereign over both good and bad days. How might remembering this truth change how you approach your current season of life?
- If you truly lived **with the end in mind**, what would you start doing differently — and what would you stop doing — this week?
- Who might God be calling you to share your hard-earned wisdom with in the coming days?